

SHASTA-TRINITY SCHOOLS INSURANCE GROUP JPA - WORKERS' COMPENSATION PROGRAM

JOB DESCRIPTION PHYSICAL DEMAND LIMITS EXPECTED BY JPA

The Shasta-Trinity Schools Insurance Group JPA recommends that all members review and change all current job descriptions to include the following physical demand limits as noted below.

Use the job type closest to your district's title for physical demand limits, otherwise if there isn't a job category type covered in this list please email me at p.casey@sbcglobal.net and I will provide recommended physical demand limits.

	Occasionally < 1/3 of Work Day	Frequently 1/3 to 2/3 of Work Day	Constant (Regularly) 2/3 to Full Work Day	2 Person or More Lift Only	Push/Pull Force In #s
Administrative Management (Certificated & Classified) Director/Principal/Program Coord. Psychologist/Counselor/Nurse/Registrar Business Manager	20	10	NA	NA	NA
Teacher	20	10	NA	NA	<50
Teacher - Special Education	50	20	NA	>50	<50
Aide- Instruct./Computer/Bilingual/ Noon Duty/Etc.	20	10	NA	NA	<50
Aide - Special Education	50	20	NA	>50	<50
Clerk-Acc.Clk./Payroll/ Admin.Sec./Sec./Health/Attend./Etc.	20	10	NA	NA	<50
Coaches	50	20	20	NA	<50
Adaptive P.E. P.E. Teacher	50	20	20	NA	<50
Library support staff- Librarian/Media Clk.	20	10	10	NA	<50
Technical/Technology support staff	30	20	10	>30	<50
Maintenance/Grounds	50	30	20	>50	<50
Custodial	30	20	10	>50	<50
Driver/Courier	30	20	10	>50	<50
Mechanic	50	30	20	>50	<50
Bus Driver/Instructor	50	30	20	>50	<50
Bus Driver - Special Education	50	30	20	>50	<50
Dispatcher	20	10	10	NA	NA
Food Service Manager	30	20	10	>30	<50
Cooks/Servers/	30	20	10	>30	<50
Cashier	20	10	10	NA	NA