

SAFETY BULLETIN

March 2020



SHASTA-TRINITY SCHOOLS
INSURANCE GROUP

Prevention

Cleaning and disinfecting are important ways to prevent the spread of any virus in schools. A flu virus can live several days on a hard surface, but usually dies in 2-8 hours. It dies much faster on a porous surface. Normal cleaning can eliminate most hazards.

Sanitizing.

Sanitizing is the process of cleaning or disinfecting

Cleaning.

Cleaning removes germs, dirt and impurities. Use soap and water to lower the numbers of germs and prevent the spread of infection.

Disinfecting.

Disinfecting kills germs on surfaces. Use approved chemicals to kill the germs after cleaning. Anyone using disinfectants on a school site must take HSA training: <https://apps.cdpr.ca.gov/schoolipm/>

Washing hands, using hand sanitizer, and preventing children from sharing items will also prevent the spread of the virus.

Corona Virus: Not as Scary as the Flu

Is the Novel Corona Virus (COVID-19) the problem, or is it the media?

So far this year, over 18,000 Americans have died as a result of the Influenza A and B virus including over 105 children. This puts perspective on the slightly over 3000 victims worldwide of COVID-19. The majority of deaths in both COVID-19 and Influenza occur in older patients who have pre-existing conditions, children are pretty safe.

The Flu Shot worked well this year

...But there is no vaccine for COVID-19.

For this reason, it is extremely important to take common-sense measures to prevent germ transmission, the same as you would during any flu season:

1. Ensure you wash your hands for 20 seconds OFTEN.
2. Use hand sanitizers and follow the directions. You do NOT need HSA training to use hand sanitizers at school.
3. Sneeze and cough into your arm, not hands.
4. Do not share personal items, and try not to touch your face, eyes, mouth, etc.
5. Stay home from work/school for 24 hours after your fever subsides.

Symptoms to be concerned about:

Like the flu, COVID-19 is a viral respiratory disease, leading to high fevers, headaches, coughs, muscle pains, and runny noses. The very dangerous symptoms include:

Shortness of breath

Labored breathing

Blue skin

Dehydration

If you or someone in your family has these symptoms or a very high fever, seek medical aid immediately. Consider using telemedicine, MDLive only costs \$5 for Medical Plan

Members. <http://www.stsigpa.com/resources/programs/md-live-combo-flyer-pdf/>

Call or email me for resources:

For any questions regarding this Safety Bulletin, or requests for free onsite safety classes, please contact Kurt Walling, Loss Prevention Manager for STSIG. kwalling@stsig.org, or 530-221-6444.