

# SAFETY BULLETIN

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SHASTA-TRINITY SCHOOLS  
INSURANCE GROUP

As we **SLIP** from **FALL** to winter don't  
take a **TRIP** to the emergency room

## You are most likely to be injured at work by Slips, Trips and Falls

### Not-so- Fun Facts:

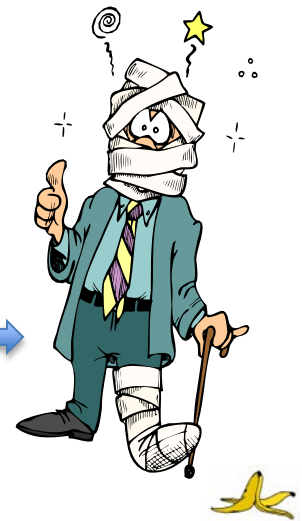


- Slips and falls cause over 1 million emergency room visits annually
- There are 32,000 fatalities annually from slips and falls
- 5% of people who fall fracture a bone
- Slips and falls are the leading cause of workers compensation claims

## Injuries from Slips, Trips and Falls include:

Sprains   Strains   Bruises   Contusions   Abrasions  
Lacerations   Fractures

*Don't be this guy*



## Preventing Slips, Trips and Falls is easy

### Bottom line: "Stay Alert, Stay Alive"

- Keep floors clean   -Remove obstacles from walkways   -Ensure good lighting
- Be extra careful when carrying stuff   -Secure rugs and carpets   -Mark hazards

**Slow Down:** Especially when surfaces are muddy, wet, or icy. Clean up leaves and acorns and other debris as soon as possible.

**Wear appropriate footwear.**

## Report Hazards



**Report** all hazards immediately

**Reduce** risk of hazards by telling others and marking area

**Remove** the hazard yourself whenever possible

## RESOURCES

OSHA: [www.osha.gov/walking-working-surfaces](http://www.osha.gov/walking-working-surfaces)

National Safety Council video for employees: <https://www.youtube.com/watch?v=jseV6QTBKPg>

For any questions regarding this Safety Bulletin, or requests for free onsite safety classes, please contact Kurt Walling, Loss Prevention Manager for STSIG. [kwalling@stsig.org](mailto:kwalling@stsig.org), or 530-221-6444.