

## HEALTHY SCHOOLS ACT REQUIRED TRAINING

As of July 1, 2016, anyone who uses disinfectants on a school site, including disinfectant wipes, is required to take a Department of Pesticide Regulation-approved training. (SB1405)

### WHAT IS IPM?

IPM stands for “Integrated Pest Management”. The term is used to describe actions **everyone** can take to reduce the use of pesticides.

### WHAT ARE PESTS?

Anything you don’t want around, like germs, viruses, bacteria, insects, rodents, even weeds.

### WHAT CAN YOU DO TO HELP OUT?

1. **PREVENT-** Clean your areas, remove moisture, food, debris and anything pests need to survive.
2. **MONITOR-** Stay alert to new pests.
3. **COMMUNICATE-** Most important! Alert your maintenance and custodian staff of any concerns you have and work together to solve the problem!

## ADDITIONAL RESOURCES

Department of Pesticide Regulation School IPM website: **\*\*\*HSA TRAINING\*\*\***  
[www.cdpr.ca.gov/schoolipm/](http://www.cdpr.ca.gov/schoolipm/)

Work-Related Asthma Prevention Program  
1-800-970-6680

Purchase safer cleaning chemicals and disinfectants:  
[www.greenseal.org/certification/g37\\_iicleaners.cfm](http://www.greenseal.org/certification/g37_iicleaners.cfm)

[www.epa.gov/pesticides/regulating/labels/designdfe-pilot.html](http://www.epa.gov/pesticides/regulating/labels/designdfe-pilot.html)

Safer cleaning and disinfecting fact sheets and guidelines:  
[www.informedgreensolutions.org](http://www.informedgreensolutions.org)



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For questions regarding this pamphlet or any safety concerns at your school district please contact the STSIG Loss Prevention Manager:

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# Use and Care of Microfiber Towels

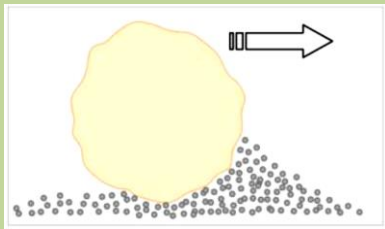
**Safe Cleaning  
Healthy Children**



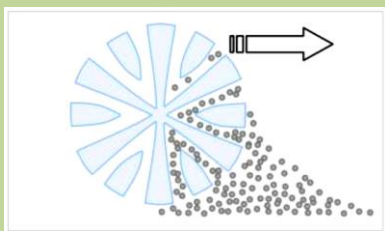
## WHAT IS MICROFIBER?

Microfiber cloths contain fibers that are about 1/100th the size of a human hair, so they can trap and remove soils and germs without the need for chemicals. The tiny fibers penetrate cracks that traditional cloths cannot, and they carry an electric charge that attracts dust.

### CROSS SECTIONS



Cotton thread and dirt particles



Microfiber thread and dirt particles  
(Picks up and holds much more!)

## WHY USE MICROFIBER TOWELS?

The use of cleaning chemicals, sanitizers, and disinfectants can cause or trigger asthma and many other health problems.



Regular cleaning with microfiber removes up to 99% of germs.

Cleaning with microfiber can result in healthier classrooms without using as many chemical cleaning products.

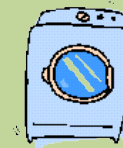
**REMEMBER: Always use the least toxic method to take care of pests. Microfiber towels are a great start to a clean and safe school!**

## CARE AND CLEANING

When washed properly microfiber can last hundreds of washings!

Follow these simple tips to maximize the life of your microfiber:

### WASHING



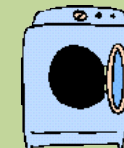
- ✓ Wash separately
- ✓ Don't mix with terry or cotton towels to avoid lint
- ✓ Wash in cold or warm water 105° or less

### DETERGENT



- ✓ Use mild detergent
- ✓ No bleach
- ✓ No fabric softener- will clog fibers

### DRYING



- ✓ Tumble dry low heat, air dry, or place in an extractor
- ✓ Avoid placing in hot dryer
- ✓ High heat melts fibers making them non-absorbent