

# Orchard Nutrition Center August 2017 Seminar

221 Locust Street, Redding (Upstairs)

530-244-9600

Attending the following free seminar will earn wellness incentive credit for plan year 2017.

Visit [www.stsigjpa.com](http://www.stsigjpa.com) for an attendance verification form (on the wellness incentive page).

Submit the completed form to [lgrant@stsig.org](mailto:lgrant@stsig.org) or fax to 221-6225.

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**DR. JUNE STEVENS, ND  
NOR CAL NATURAL MEDICINE**

**"Optimize Your Thyroid Function to Boost Your Energy"**

**Wednesday, August 9, 2017**

**6:00 pm - 7:30 pm**

**Would you like to have more energy? Are you or someone you care about suffering with fatigue, lack of energy, weight challenges or loss for "zest" in life?**

**Thyroid dysfunction is likely a major contributing factor and unfortunately millions of us are suffering in silence...even those who are actually taking thyroid medication.**

**Join Dr. June Stevens as she shares with you the complete picture of "thyroid health" and why standard lab testing (which does not evaluate for Free T3, Reverse T3 and Thyroid Antibody profile) is not adequate to accurately diagnose "thyroid dysfunction."**