



**SHASTA-TRINITY SCHOOLS  
INSURANCE GROUP**

*Serving Schools Since 1980*

**Health Benefits Committee Meeting  
October 28, 2010 / 3:30 - 5:00  
Shasta County Office of Education -1644 Magnolia Avenue  
Downstairs Conference Room  
Patricia Demo, Chairperson**

- I. Introductions
- II. Opening Comments / Goals for Committee
- III. Wellness Update - Measurement of Success
  - A. Open Enrollment Attendance
  - B. Health Risk Assessments
  - C. Education
  - D. Preventative/Wellness Exam
  - E. ConditionCare / NurseLine
- IV. Platform Discussion
- VI. Wellness Approach & Changes for Next Plan Year (A - E above)
- VI. Other Issues
- VII. Next Meeting
- VIII. Adjournment