



PROVIDER DIRECTORY FOR

Shasta Trinity Schools Ins Group

This booklet contains provider information for the following networks:

Blue Cross PPO (Prudent Buyer)

This booklet is composed of providers based on the following criteria:

These providers practice in the following county: TRINITY.

PREPARED BY

Blue Cross Of California

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BLUE CROSS PPO (PRUDENT BUYER) INTRODUCTION

PLEASE READ THE FOLLOWING INFORMATION SO YOU WILL KNOW FROM WHOM OR WHAT GROUP OF PROVIDERS AND WHICH INSTITUTIONS HEALTH CARE MAY BE OBTAINED.

THIS PERSONALIZED PROVIDER BOOKLET DOES NOT CONSTITUTE A RECOMMENDATION OF ANY HOSPITAL OR PHYSICIAN OR OTHER PROFESSIONAL PROVIDER OR FACILITY. Also, while this list is accurate at the time of printing, the Prudent Buyer Plan network is subject to change. More current information may be obtained by calling the Blue Cross 800 number on your identification card.

To take full advantage of your Plan and avoid unexpected out-of-pocket expenses, it is important for you to understand what you can expect from Blue Cross and participating providers, and what responsibilities you have.

Blue Cross of California has negotiated special rates and fees with providers on behalf of all PPO members.

Participating providers have agreed to accept the Blue Cross payment, plus any deductibles or copayments you may be responsible for under the terms of your plan, as payment in full for covered services.

You, the member, are responsible for:

- 1) assuring that the doctor, hospital or other health care provider you choose is a Blue Cross PPO "participating provider".
- 2) assuring that hospital admissions and stays are pre-authorized by Blue Cross of California as "medically necessary".

When you use a non-participating provider, YOU are responsible for any difference between Blue Cross' payment and the billed amount. Non-participating providers have NOT agreed to accept the Blue Cross payment as payment in full.

For members of the Prudent Buyer Exclusive Plan -

The Prudent Buyer Exclusive Plan provides benefits when a member receives services from participating providers only. There are no benefits for services from non-participating providers, unless the service is in connection with an emergency, urgent care or an authorized referral. Please refer to your Evidence of Coverage Form for details regarding your Plan.

Healthcare Advisor by Subimo - When Making A Health Care Decision

Another way to help you with health care decisions is Healthcare Advisor by Subimo, an interactive web site. It offers information to assist you when preparing for medical procedures or managing a medical condition. It takes you through a series of questions where you can identify your preferences when selecting a hospital. It then provides you with a list of hospitals that best match your selections. Healthcare Advisor by Subimo houses information about procedures, treatments and illnesses that also may help when you are facing a health situation. Simply link to the Subimo Web site at www.bluecrossca.com through the Member Services area.

Note: The Subimo Web site is owned and operated by Subimo, LLC, PO Box 5335, River Forest, Illinois 60305. Subimo, LLC is solely responsible for its Web site and is not affiliated with Blue Cross of California or any affiliate of Blue Cross of California.

PARTICIPATING PROVIDER SPECIALTIES

Each Participating Provider listed in this booklet is identified by a specialty. Only the following specialties are listed in this booklet:

CARDIOVASCULAR DISEASE

The diagnosis and treatment of the diseases of the heart, lungs, and blood vessels.

FAMILY PRACTICE

The diagnosis and treatment of general medical conditions. Specialization in the primary care of all age groups.

GENERAL PRACTICE

The diagnosis and treatment of general medical conditions.

INTERNAL MEDICINE

The medical diagnosis and treatment of diseases of adults.

LICENSED CLINICAL SOCIAL WORKER

Helps people to achieve more adequate, satisfying and productive social adjustments by the application of social work principles such as counseling and using applied psychotherapy of a non-medical nature with individuals, families and groups.

MARRIAGE FAMILY AND CHILD COUNSELOR

Uses counseling principles such as the applied use of psychotherapeutic techniques and the explanations and interpretations of the psychosexual and psychological aspects of relationships within a marriage and family for the purpose of assisting individuals and groups to achieve more adequate, satisfying and productive marriage and family adjustments.

OPTOMETRY

Specialization in measuring the powers or ranges of human vision and the scope of function of the human eye in general and corrects defects in vision without the use of drugs, but by means of the prescription of corrective lenses or other optical devices.

PHYSICAL THERAPY

Corrective rehabilitation or treatment by the use of Physical, chemical and other properties of heat, light, water, electricity, sound, massage, and active, passive and resistive exercise.

SURGERY

The diagnosis and operative treatment of diseases, injuries and disorders.

PARTICIPATING FACILITIES

In order to avoid being billed above the amount your coverage allows (including your copay amount), please verify that all providers responsible for your care are participating. All you need to do is call the toll-free Blue Cross 800 number on your identification card prior to your hospitalization.

PARTICIPATING HOSPITALS

355 MERCY MEDICAL CENTER - MT SHASTA
950 MERCY MEDICAL CENTER - REDDING
906 MOUNTAINS COMMUNITY HOSPITAL
970 PALM DRIVE HOSPITAL
372 PATIENTS HOSPITAL OF REDDING
300 SHASTA REGIONAL MEDICAL CENTER LLC
185 SUTTER MEDICAL CENTER OF SANTA ROSA
125 TRINITY HOSPITAL

914 PINE ST, MOUNT SHASTA
2175 ROSALINE AVE, REDDING
29101 HOSPITAL ROAD, LAKE ARROWHEAD
501 PETALUMA AVE, SEBASTOPOL
2900 EUREKA WAY, REDDING
1100 BUTTE ST, REDDING
3325 CHANATE RD, SANTA ROSA
410 N TAYLOR ST, WEAVERVILLE

(530) 926-6111
(530) 225-6000
(909) 336-3651
(707) 823-8511
(530) 225-8715
(530) 244-5400
(707) 576-4000
(530) 623-5541

PARTICIPATING PROVIDERS

This directory contains a list of Participating Providers based on the criteria shown below. Please note that provider names followed by an asterisk (*) refer to providers that are Board Certified in that specialty.

Hospital codes are located in the last column following the phone #. Refer to the PARTICIPATING FACILITIES AND AMBULATORY SURGICAL CENTERS section for details on each hospital.

CARDIOVASCULAR DISEASE

STEMPLE, DALE MD*	500 TRINITY LAKES BLVD	WEAVERVILLE	(530) 623-6777	125
STEMPLE, DALE MD*	252 MAIN ST	WEAVERVILLE	(530) 623-3735	125

FAMILY PRACTICE

DAVEY, MICHELLE DO*	323 TAYLOR ST	WEAVERVILLE	(530) 689-3155	950, 125, 185, 970
<i>Languages: SPANISH</i>				
KROUSE, DONALD MD*	400 N TAYLOR ST	WEAVERVILLE	(530) 623-4707	125, 906, 372, 300, 355
<i>Languages: FRENCH</i>				
KROUSE, DONALD MD*	252 MAIN ST	WEAVERVILLE	(530) 623-3735	125, 906, 372, 300, 355
<i>Languages: FRENCH</i>				
KROUSE, DONALD MD*	1243 MAIN ST	HAYFORK	(530) 628-5517	125, 906, 372, 300, 355
<i>Languages: FRENCH</i>				
MEREDITH, RANDALL MD*	106 GARDEN GULCH	WEAVERVILLE	(530) 623-1157	125
<i>Languages: ITALIAN, FRENCH</i>				

GENERAL PRACTICE

DAVEY, MICHELLE DO	323 TAYLOR ST	WEAVERVILLE	(530) 689-3155	950, 125, 185, 970
<i>Languages: SPANISH</i>				
DOLCI, EDWARD MD	310 EASTER AVE	WEAVERVILLE	(530) 623-4471	125, 906

INTERNAL MEDICINE

STEMPLE, DALE MD*	500 TRINITY LAKES BLVD	WEAVERVILLE	(530) 623-6777	125
STEMPLE, DALE MD*	252 MAIN ST	WEAVERVILLE	(530) 623-3735	125

LICENSED CLINICAL SOCIAL WORKER

HINEY, DANA LCSW	399 AIRPORT RD	TRINITY CENTER	(530) 266-3742	
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MARRIAGE FAMILY AND CHILD COUNSELOR

HIETT, CINDY MFT	103 UNION ST	WEAVERVILLE	(530) 623-4994	
LA FEIN, SCOTT MFT	803 MAIN ST	WEAVERVILLE	(530) 623-2695	
SCHADEN, SHIRLEY MFT	103 UNION ST	WEAVERVILLE	(530) 623-4497	
WILKERSON, CHERYL MFT	1520 HWY 299	WEAVERVILLE	(530) 623-2892	

OPTOMETRY

HOFMANN, MANFRED OD	216 S MINER ST	WEAVERVILLE	(530) 623-2382	
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PHYSICAL THERAPY

MOUNTAIN VALLEY PHYSICAL THERAPY,	1304 NUGGET LN	WEAVERVILLE	(530) 623-2570	
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SURGERY

HARWOOD, DANIEL MD	500 TRINITY LAKE BLVD	WEAVERVILLE	(530) 623-3600	125, 950, 372
<i>Languages: SPANISH, FRENCH</i>				