

How To Earn Your Incentive!

Phase 1: Lower Copays & Coinsurance (July 1, 2010)

1. Attend An Open Enrollment Meeting
&
2. Complete the Online Health Risk Assessment:

www.behappystaywell.com

Access code: **shasta**

Phase 2: Lower Deductible (January 1, 2011)

3. Complete Annual Physical/Screening
&
4. Attend a JPA Sponsored Health Seminar
Or

Complete 2 Online Health Seminars/ Healthy Living Program

