

Join Mercy Medical Center Redding's Wound Healing Center and Heart Center for classes designed to provide a comprehensive overview of diabetes.



diabetes

a comprehensive overview

These classes are for diabetics, their families and other interested individuals. A range of topics will be discussed during the session including:

- Blood Glucose Monitoring
- Complications of High and Low blood sugar
- How diabetes affects the body
- Symptoms
- Foot Care
- Medications
- Meal Planning



When: Monday, October 3rd & Monday, October 10th, 2011
Time: 6pm – 8pm
Cost: FREE but space is limited so pre-registration is required.
Register: Call (530) 24-MERCY/246-3729 or online at redding.mercy.org
Place: Mercy Medical Center Auditorium, A & B Lower Level



Course Coordinators- Diabetic Educator Tammy Fuller, RN & Paige Jones, RD
4 CE's available for nursing (attendance at both Monday classes is mandatory for credit)


Mercy Medical Center Redding
Mercy Heart Center
A member of CHW


Mercy Medical Center Redding
Wound Healing & Hyperbaric Medicine Center
A member of CHW